



CLAIRE BOSCOQ

# WOMEN EMPOWERMENT KEYNOTE



The audience will leave with:

- The confidence and courage to start making changes in their life
- Look at their environment with a new eye and create harmonious spaces aligned with their energy
- Apply her 9 key steps to move forward towards well-being and prosperity
- Think, feel and be remarkable always

You were stupendous, keep spreading your passion & energy!

So much energy, I have loved every minutes of it!

Wow, Wow, Wow!

## *Do or Die*

Life is a journey full of ups and downs, and overcoming adversity isn't always an easy task!

Anyone facing difficult trauma may not be able to see there is a light at the end of the tunnel. In this keynote, Claire tells her personal story, giving the audience hope and inspiration to persevere and take action to change despite fear and doubt.

She shares how embracing the woo-woo will help increase inner and outer energy flow. She gives practical keys to move from trauma, anxiety, stress and bring towards being healthy, vibrant, happy and ready to live life on purpose.

Turning emotional and physical chaos into pathways towards well-being, happiness and prosperity.

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